



PE curriculum statement

“Physical fitness is not only one of the most important keys to a healthy body; it is the basis of dynamic and creative activity” - John F Kennedy.

Intent

At Boston West Academy, we strive to create a culture which aims to inspire a generation to enjoy PE by embracing the many benefits which exercise presents. We provide a safe and supportive environment for children to flourish in a wide range of different physical activities and, it is our belief, that this is essential in supporting each child’s physical, emotional, social and moral development.

Boston has been identified as a town which has high rates of obesity, and as such, we understand the importance of educating all children in the importance of physical development, health and wellbeing which link to our school drivers.

Our PE curriculum is ambitious and designed to give all learners including those with SEND the access to enjoy and succeed in physical activity.

Our PE curriculum provides children with many opportunities to experience a wide range of sports and physical skills which will enhance their long-term fitness, life choices and mental wellbeing. Children are taught the importance of teamwork, resilience, integrity and sportsmanship and display these skills into the wider school environment through local and county wide inter-school sporting events.

Implementation

PE forms an integral part of our school curriculum due to the high importance placed upon it by our school’s key drivers. Through the employment of the GetSet4PE programme, learning is delivered through lesson plans and schemes of work that have been written with the aims of the National Curriculum, ensuring children are given a wealth of opportunities to develop their physical skills as well as developing the whole child. PE lessons are designed to inspire and engage our children through progressive activities thus allowing them to explore and develop their individual skills and embed knowledge. Children build on previously taught skills and revisit these each year. Through our PE delivery, children are taught the importance of teamwork, sportsmanship, respect and inclusion and how these key skills are transferable to both the classroom and their wider world.

We work closely with the local school sport partnership, allowing the children, of both upper and lower key stage 2, the opportunities to participate in organised inter-school competitions in a wide variety of different sports. In conjunction with the local school sport partnership and outside agencies, children from across all year groups are provided with opportunities to participate in sport development days allowing children to discover sports which they may not readily have access to. Children are given the opportunities to represent the school in these many competitive sports competition and leagues.

We have also forged strong links with Boston United, JB Sport and Elite Sports Academy, and through their provision children from years 1 to 6 inclusive are given the opportunities to take part in lunchtime

Working together for success



and paid after-school clubs. Children are also provided with the free after-school sports clubs by our school's teaching staff. JB Sport work with different year groups on a termly basis to deliver a specified area of PE and provide staff members with CPD when required.

In years 5 and 6, children undertake swimming lessons at the Geoff Moulder Leisure Complex under the instruction of the Complex's qualified instructors. Children are taught to swim ensuring they can swim 25 metres by the end of year 6. Children in year 6, who may not have met the standard by the end of their block of learning are provided with 'Top up' swimming lessons in the summer term to ensure they meet the required standards.

Children are encouraged to be active during their playtimes and on both our Key Stage 1 and Key Stage 2 playgrounds children are given a variety of sports equipment, so they are able participate in games of their creation or in activities organised by the schools PE apprentice as well as having access to trim trails.

Impact

- Pupils will be enthusiastic learners who are inspired to succeed and excel in competitive sport and other physically demanding activities.
- Pupils will be exposed to a wide range of sporting activities and acquire new knowledge, skills and develop an in-depth understanding of PE.
- Pupil will be educated in the importance of health and fitness allowing them to lead healthy, active lives.
- Pupils will be able to use subject specific language and apply this to their learning.
- Pupils will build confidence in their abilities, trust in the abilities of others, be able to work as a team, show respect and sportsmanship to opponents and officials.
- Pupils will be given the opportunities to participate in specific sport development days.
- Pupils will be given the opportunities to represent the school in inter-school competition by locally and county wide.
- Pupils will work with sports specialists to enhance their skills and love of sport.
- Pupils will be given the opportunities to participate in lunchtime and after-school clubs.
- Pupils will meet the end of Key Stage 2 outcomes as per the National Curriculum.
- In years 5 and 6, pupils will undertake swimming lessons ensuring that they can swim at least 25 metres before the end of year 6 and have the knowledge of how to remain safe both in and around water.
- Impact is measured through both formative and summative assessment opportunities. The data is collated three times a year to inform an end of year judgment.